

**ORF-SIG DASHBOARD:**

<p><b>TOTAL MEMBERS: 406</b></p> <ul style="list-style-type: none"> <li>Facebook Group: 171 (+15)</li> </ul> <p><b>ABPTRFE ACCREDITED PROGRAMS:</b></p> <ul style="list-style-type: none"> <li>Residencies:             <ul style="list-style-type: none"> <li>Orthopaedic: 142 (+10)</li> </ul> </li> <li>Fellowships:             <ul style="list-style-type: none"> <li>Hand: 0</li> <li>Movement: 1</li> <li>OMPT: 25</li> <li>Performing Arts: 4 (+1)</li> <li>Spine: 2</li> <li>Upper Extremity: 4 (+1)</li> </ul> </li> </ul> <p><b>ACOMPTE ACCREDITED PROGRAMS</b></p> <ul style="list-style-type: none"> <li>OMPT: 37 (-1)</li> </ul> <p><i>(± in members/programs since last quarter)</i></p>	<p><b>CURRENT MEMBER MAKE UP:</b></p> <p><i>Demographic Regions:</i></p> <table border="1"> <caption>Demographic Regions Data</caption> <thead> <tr> <th>Region</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>South</td> <td>35.3%</td> </tr> <tr> <td>West</td> <td>23.5%</td> </tr> <tr> <td>Northeast</td> <td>20.6%</td> </tr> <tr> <td>Midwest</td> <td>20.6%</td> </tr> </tbody> </table>	Region	Percentage	South	35.3%	West	23.5%	Northeast	20.6%	Midwest	20.6%
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**WHO WE ARE?**

Please identify your **CURRENT** role(s) in Residency and Fellowship Education

70 responses

Role	Count	Percentage
Program Director	36	51.4%
Program Coordinator	13	18.6%
Clinical Faculty	32	45.7%
Clinical Mentor	36	51.4%
Resident, current	4	5.7%
Resident, graduate	16	22.9%
Fellow, current	3	4.3%
Fellow, graduate	16	22.9%
Practicing Therapist / DPT Graduate	1	1.4%
Practicing Therapist / DPT Graduate	2	2.9%
Practicing therapist not currently in residency/fellowship	1	1.4%
Working to establish a Fellowship	1	1.4%
Practicing therapist	1	1.4%
Previous Program Director	1	1.4%
Director of Mentoring	1	1.4%

*Please Scan the QR Code or go to: [bit.ly/orfsig-membersurvey](https://bit.ly/orfsig-membersurvey) and complete the survey if you have not already:*

## PRESIDENT'S MESSAGE

Molly Malloy | President, ORF-SIG

*"If you want to go fast, go alone.  
If you want to go far, go with others."  
(African Proverb)*

### ORF-SIG Members,

Looking ahead to the New Year it is always good to pause and reflect. The most important thing I have learned in my career is that to be successful I need to focus on building bridges and making connections. Just as the African Proverb states, "If I want to go fast, go alone. If you want to go far, go with others." I can accomplish much more in a day, year and lifetime by working with those who help me to stay on task, think outside the box and push me to move ahead. Approximately 10 years ago, I realized that expanding my network within the residency and fellowship realm would significantly assist me with my daily challenges as a program director. Those of us in leadership of the ORF-SIG recognize that few colleagues really understand our roles and the challenges that we face daily. I am eternally grateful for the support, ideas and extra work that this group provides to unify and advance post-graduate education. I challenge all of us to work together in the year ahead to expand our networks, develop systems that are more efficient and unify as we face the challenges of post-graduate education.

Looking ahead to CSM I am hopeful to meet many of you in San Diego. I also want to be sure everyone knows which events to place as a high priority in your busy schedules (see list below). As I said this is where I actually connect with colleagues who understand post-graduate education. Utilize CSM as an opportunity to meet, network, learn, collaborate and to hear how others in the ORF-SIG are navigating their programs. I hope that you will learn some things that help make your daily lives easier and we are excited to hear ideas that you have for moving forward!

We are always looking to expand our village. Make sure you reach out with questions, ways to get involved and come meet us in person at CSM. We are excited about all that 2023 has to bring. If you would like to get more involved within the SIG, make sure to reach out to malloyma@arcadia.edu. Thank you for all of the work you are each doing every day for your residents, fellows and our profession!

*Molly Malloy  
President, ORF-SIG*

## CSM 2023 ORF-SIG events

### ORF-SIG Annual meeting Thursday Feb 23, 2023 6:30AM

Join us to network, hear from our leaders and discuss what we are doing as a SIG and where we can go in the year ahead.

**Pre-conference: Tuesday Feb 21, 2023 8AM-5PM**  
**OR-13940—CREATING AND MAINTAINING**  
**COMPETITIVE RESIDENCY AND FELLOWSHIP**  
**PROGRAMS: INNOVATIONS FOR CURRICULUM DE-**  
**SIGN, MENTORING, AND INTER-PROGRAM**  
**COLLABORATION**

link: <https://apta.confex.com/apta/csm2023/meetingapp.cgi/Session/13940>

Are you a faculty member, mentor or program director/coordinator who is looking for ideas for how to streamline or improve your residents/fellows experience? This is a collaborative and fast paced day which will share ideas for how other programs are working to improve efficiency with assessing competencies, examinations, annual reporting, mentoring and lots more.

### Education session: Thursday Feb 23, 2023 3-5PM OR-14033±MENTORING SMARTER NOT HARDER

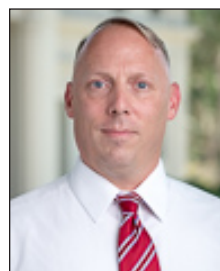
Link: <https://apta.confex.com/apta/csm2023/meetingapp.cgi/Session/14033>

All advanced clinicians are living in a world of time constraints, productivity challenges, and yet many of us still feel a calling to mentor developing clinicians. How can we realistically mentor others in a fast paced work environment? This session is designed for mentors and future mentors of all levels including students, new professionals, residents, fellows, and faculty. Learn strategies for designing and implementing effective mentoring sessions to foster clinical reasoning and to develop efficient and evidenced based clinicians.

### Residency and Fellowship Marketing Ideas

A recent challenge for many programs has been applicant volume. With programs expanding, new programs being added and application volume declined across the country we are all feeling the crunch. The ORFSIG is doing two things to try to address this issue. First is addressing how we demonstrate the true value of post-graduate education to our clinical partners. A universal post-graduate survey is being developed to look at the overall value of our program graduates. This will be a universal survey. If we are all collecting the same information then we will be able to more efficiently analyze the benefits of clinicians who complete a residency/fellowship. Stay tuned for more information. If you are interested in getting involved, please reach out. Second, the ORFSIG is tackling how to market our programs effectively. I asked 4 of our senior leaders what they are currently doing to effectively market. Here is what they said:

#### Kirk Bentzen, VP of ORFSIG



"Having a robust student program is a key for our residency programs to recruit in qualified applicants. Each Therapy & Wellness Center PT is required to take 2 students per year – this results in over 50 students coming across our doors that get exposed to the quality clinical instructors (who are also mentors). This, in turn, motivates the students to apply for our residency program."

#### Kathleen Geist—President of Georgia APTA



Our state association hosts a residency fair through our student FIN. We have graduates at the fair that speak about the highlights of the program to other students in the state. We also had a student conference this past fall with 200 students in attendance and we had programming related to residency education. This is not program specific but are promoting residency education to students across the state.

## Aimee Klein PT, DPT, DSc



We look for candidates that are self-directed in their learning. This allows them to participate in clinical practice, but also be a lab instructor in selected DPT courses, participate in clinical research and develop a case report that can be disseminated, either publication or poster. We have 5 clinical mentors who are all Board Certified in Orthopaedic Physical Therapy, who provide the residents with diversity of clinical reasoning, clinical perspectives, different regional expertise.

## Stephen Kareha DPT, ATC, PhD



Our network takes about 150 DPT students each year and one of our faculty members has a brief conversation about post-graduate opportunities (including CE, employment, private practice, residency, fellowship, etc) with each of the students about ½ way through their rotation. I think the best conversations were not specifically to recruit, but just to answer questions – those are the ones that typically have led to obtaining the best residents (either directly or indirectly). We have multiple faculty from our residency adjunct at DPT schools nearby, which increases our exposure.

## ADDITIONAL RESOURCES:

### Applicant Registry:

Steve Kareha, Molly Malloy, Kirk Bentzen, Carrie Schwoerer

One big problem facing programs over the years is the ability to sustain consistent applicant bases despite using or not using RF-PTCAS. Our team had been working hard to collect interested applicants to attempt to steer them to open positions. We are brainstorming to revise this system to tackle the problem from the front end focusing on the following:

1. Raise awareness for our programs.
2. Steer qualified applicants to our programs.
3. Address the problems of open positions throughout the country.

In the meantime, you can continue to use this link for an excess of applicants who you are open to sharing of their information. Specifically for those qualified applicants who are excellent candidates and have already been vetted but applied to a program that does not have any available spots. The program denying admission may then provide the applicant with a flyer explaining the database and providing them the option to participate. Member programs may access these qualified, vetted applicants as needed by contacting Steve Kareha ([stephen.kareha@sluhn.org](mailto:stephen.kareha@sluhn.org)). Updates on the numbers of candidates in this list will be provided quarterly to the membership

- a. Currently, everyone who was on this list has been admitted into a program.

**Residency & Fellowship Qualified Applicants**  
<http://bit.ly/3uOJROs>



## PROGRAM RESIDENT/FELLOW/ FACULTY SPOTLIGHT:

Caitlyn Lang, Kristine Neelon, Bob Schroedter

### What is the Program Spotlight?

It is an ORF-SIG, member-only feature that allows one or more orthopaedic residency/fellowship programs to be Spotlighted within a given month to market themselves to prospective candidates and those seeking more information on post professional education in orthopaedics. Additionally, programs will also be spotlighting individual faculty and/or residents/fellows-in-training as good-will ambassadors of their respective programs.

### What are the benefits to being Spotlighted?

Programs that are Spotlighted advance the exposure and interest in post professional orthopaedic physical therapy programs across the country, thus bolstering their program's sustainability. Furthermore, by providing important, decision-making details about their program a prospective candidate can make a better-informed decision about which program may be a good fit for them.

### Who is eligible to apply?

Program coordinators or Program directors may apply for their program as long as they meet the following pre-application criteria:

- The program must be ABPTRFE or ACOMPTE accredited or in Candidate status.
- The Program Director or Coordinator must be a member of the AOPT and ORF-SIG.
- The Program Director or Coordinator must have a specialization in Orthopaedics
- Please visit: <https://www.orthopt.org/content/special-interest-groups/residency-fellowship/orf-sig-program-spotlight/spotlight-program-faq>

### ABPTRFE Frequently Asked Questions Documents:

Recently, the American Board of Physical Therapy Residency and Fellowship Education (ABPTRFE) released updates to their Policies and Procedures including some changes to the Primary Health conditions and COVID-19 accreditation recommendations. The ORF-SIG was able to work with the Chair of ABPTRFE, Mark Weber, and the Lead Accreditation Specialist, Linda Csiza. Together, they provided some further elaboration on several Frequently Asked Questions. Check out these documents here:

- Policy 13.5 Addition of Practice Sites FAQ
- Primary Health Conditions / Medical Conditions List FAQ
- CoVid-19 Temporary Guidance FAQ
- Program Sustainability: Applicant Sharing and Recruitment FAQ



**RF-PTCAS:**

*Kirk Bentzen, Steve Kareha, Megan Frazee, Carrie Schwoerer, Christina Gomez*

If you are a newer program or need a refresher on some of the nuances of the processes and timelines, please review the following podcast: *Navigating RFPTCAS*, which can be found <https://muschosted.panopto.com/Panopto/Pages/Embed.aspx?id=0841c14e-a3f7-4196-b654-acd90169c9e2> . Presenters of this podcast included Ryan Bannister, Director-Centralized Application Services and Student Recruitment and Orthopaedic Residency as well as Fellowship SIG leadership members Kirk Bentzen, Christina Gomez, and Steve Kareha.



Please contact Carrie Schwoerer ([cschwoerer@uwhealth.org](mailto:cschwoerer@uwhealth.org)) with questions.

**OTHER KEY RESOURCES:**

ABPTRFE Updates: Community HUB

Don't miss out on the latest ABPTRFE Updates from Kendra Harrington:

- [Updates to ABPTRFE Processes and Procedures](#)
- [What Sites Should, and Should Not, Be Included on the Participant Practice Sites?](#)
- [ABPTRFE Recent Actions](#)
- [July 1 Policy Reminder](#)



**ACOMPTE WEBSITE AND RESOURCES:**

Orthopaedic Manual Physical Therapy Fellowship programs find ACOMPTE Information here:



**APTE RF-SIG Resources:**

*Christina Gomez*

[aptaeducation.org/special-interest-group/RFESIG/](http://aptaeducation.org/special-interest-group/RFESIG/)

You can also find more great information from the Academy of Education's Residency and Fellowship SIG (RFESIG). Here you will find a variety of Podcasts they have completed for Residency



and Program Directors. Please make sure to check these out as well as the Think Tank resources.

- Virtual Site Visit
- RF-PTCAS Reminders

Take advantage of our member-only communication forums to share and develop ideas.

<p><b>ORF-SIG</b> Facebook group</p>  <p><a href="http://bit.ly/orfsig-fbgroup">bit.ly/orfsig-fbgroup</a></p>	<p><b>AOPT ORF-SIG</b> Communities HUB</p>  <p><a href="http://bit.ly/orfsig-communityhub">bit.ly/orfsig-communityhub</a></p>
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